

Heat it Up!

with a barrel sauna...



Forest Lumber Company offers a wide range of custom products.



Swimming pools from 12' diameter to 28'



3000 gal Cisterns



Wood Fired Hot Tubs



Forest Lumber

C O M P A N Y

www.forestlumber.com

Tel: (250) 642-4899 • Fax: (250) 642-3466
6080 Sooke Road, Sooke BC V0S 1N0

Relax, Rejuvenate and Restore!

Whether your sauna is tucked away in the basement of your home or placed in the most private area of your yard.

The Forest Lumber Company Barrel Sauna contains two curved benches seating six adults, which makes for a more social experience. A Sauna King 5.7 kw stainless steel heater, complete with timer and controls, is your heat source for this sauna experience. The ease of low maintenance Western Red Cedar construction, will enhance your surroundings. When the barrel sauna is used on a regular basis it has many health benefits.

Construction

All of our saunas are made of only the finest quality Kiln dried, 100% heartwood Western Red Cedar; 1.5" thick, held together with corrosion proof stainless steel hoops. The sauna measures 7' in diameter and has 7.5' high walls, making it ideal for indoors. With the addition of the eight piece roof package, conversion is easy for your outdoor space!

Total height of the roof peak is 10.5'. The roof sections are pre-constructed with cedar shingles and goes together easily with minimal tools.

Health Benefits

- Detoxifies your body.
- Rejuvenates your skin.
- Eases your muscles following an injury or strenuous exercise.
- Relieves the tensions and stresses of everyday life, leaving you feeling totally refreshed.
- The cleansing effect of perspiration through your body's pores leaves you with a clear complexion, improves skin tone, and elasticity.
- Sauna emulsifies fat resulting in cellulite reduction.
- Improves blood circulation.
- One sauna session can burn up to 300 calories.
- Gives relief from the stiffness and pain caused by Arthritis.

Barrel Sauna Cost

7' diameter, 6 person cedar sauna, with 5.7 kw heater, timer and controls \$6250 Cdn (\$4225 US)

8 sided pre shingled, modular cedar roof package \$700 Cdn (\$475 US)

Prices are subject to change without notice.



www.forestlumber.com